



In 1953, Registered Nurse Olive Crombie took a leap of faith when she decided to become the very first Blue Nurse, delivering home-based care for ageing Queenslanders.

Olive's passion for helping her community was the very beginning of BlueCare. Today, thanks to the support of equally compassionate Queenslanders like you, BlueCare is one of Queensland's largest and most trusted providers of homebased care, residential aged care, disability services and retirement living. With people like you beside us, we help thousands of ageing Queenslanders live their life, their way.

BlueCare is not only Sister Olive's legacy – it is also the legacy of many caring people who have left a gift in their Will to help ageing Queenslanders. Over the last 70 years, gifts in Wills have enabled us to evolve and improve our facilities and services, to remain at the forefront of delivering care that improves the health and wellbeing

of individual Queenslanders, their families and their communities.

As someone who is considering supporting BlueCare with a gift in your Will, you are someone who also cares deeply about the respect and dignity of all Queenslanders. By remembering BlueCare in your Will, you'll be leaving a legacy to be proud of – one that continues BlueCare's tradition of innovation, best practice and pioneering the best aged care possible.

Thank you so much for your consideration of support.

Chomas

Cathy Thomas
Group Executive
Aged Care and
Community
Services, BlueCare





# At BlueCare, we are committed to assisting people who require care and support to be all they can be, by putting their needs first.

Our mission is to improve the health and wellbeing of individuals, families and communities as we reach out to people in need; speak out for fairness and justice, and care with compassion, innovation and wisdom.

Gifts in Wills enable BlueCare to continue providing exceptional care to older, sick and vulnerable Queenslanders, to help them live purposeful, dignified lives in their own homes.

By leaving a gift in your Will to BlueCare, you help fund initiatives, staff and resources that provide a life-changing difference, such as:



# Dementia-specific support programs

Practical in-home and care services that help people with dementia and their families lead fulfilling lives



#### **BlueCare nurses**

Who provide compassionate, whole-person care for Queenslanders in their own homes



# Our Social Support Volunteer program

That helps bring joy to elderly people by connecting them with their community



#### **Communication tools**

Such as the CareApp, that helps elderly people communicate with loved ones who live far away



## Innovative diversional therapies

Innovative diversional therapies in our aged care facilities, such as Virtual Reality experiences and spa facilities, that keep minds active and improve quality of life.

By leaving a gift in your Will to BlueCare, you will ensure your care and compassion for others will live on, bringing empowering, dignified and respectful care to generations of ageing Queenslanders.



Gwen was proud to work as a BlueCare nurse.

# Be part of a community

Gwen Fancourt has dedicated more than 30 years of her life to helping elderly people live their lives their way. Now, she has chosen to create a legacy that makes life better for generations of elderly Queenslanders by leaving a gift in her Will to BlueCare.

Gwen met her husband, Ron, in England during World War II – Ron was a soldier and Gwen was an officer in the air force.

Though they didn't get to see each other much during the war, Ron

and Gwen fell madly in love. Once the war was over, they married and had two daughters. The family moved to Australia in 1985.

Ron worked as an airplane engineer and Gwen had a variety of different jobs before becoming a nurse at BlueCare, supporting people.

At 92 years old, Gwen has now retired, but her love for life and passion for bettering the lives of others still remains as strong as ever. Gwen continues to volunteer for BlueCare, providing nail

care and luxury pampering for elderly residents. She's now been volunteering for over 30 years!

"I forget how old I am at times. Many of the people here are much younger than me. But they need help, so I'm very happy to help them," Gwen says.

Sadly, Gwen's husband, Ron, now lives with dementia – they live together in a BlueCare residence. Gwen's time as a BlueCare nurse means she knows how best to support Ron, so he can continue living his life to the fullest.

"With people with dementia, you have to really be one of them. We used to put music on and dance and sing and have fun."

In her BlueCare residence, Gwen organises social activities, tends to her own magnificent garden and grows vegetables in the community garden for other residents to enjoy.

Every day, Gwen continues to better the lives of all those she meets. By deciding to leave a gift in her Will to BlueCare, Gwen's legacy of kindness and care can live on forever in the lives of elderly Queenslanders.

"I've left a gift to BlueCare, because they remember and care for elderly Queenslanders. Most of us have had responsible jobs and spend our lives helping others. When we come to BlueCare, maybe because of illness or dementia, we need help."

By leaving a gift to BlueCare in her Will, Gwen is helping ensure we can continue driving innovation in aged care, and providing the best support possible to older Queenslanders, forever.



Gwen and Ron have been married for over 70 years.

# **Be inspired**

With the support of our donors, BlueCare is committed to remaining at the forefront of aged care, growing our patient support and improving aged care for all Queenslanders.

Over the past few years, the legacies of kind supporters have enabled us to pioneer initiatives in care that are changing lives, such as:





## BlueCare's new Diet & Nutrition system

This system enables residents to view every meal that is available to them, and have more control of what is served on their plates.



#### Rooftop solar

Across 19 of our aged care facilities, rooftop solar helps achieve our goal of sourcing 100% renewable energy by 2025.



## The Dementia Squad

A qualified, in-home care team that is selected specifically for each client after a face-to-face meeting.



## The BlueCare App

Enabling our clients to request and cancel appointments, see their weekly schedule, receive invoices and leave feedback.

# Pinangba: Culturally informed care for our Elders

Pinangba is the Aboriginal and Torres Strait Islanderled service delivery arm of BlueCare. The foundations of Pinangba are built from our cultural identity, and strong community relationships and partnerships.

Operating in collaboration with BlueCare, Pinangba delivers a range of services for Aboriginal and Torres Strait Islander peoples including aged care, respite, family therapy and alcohol rehabilitation services.

With your support, we'll continue building this important program that delivers unique and holistic care for our First Nations families and Elders – care that prioritises social justice to nurture physical, mental and spiritual healing.





# As you may know, our population of ageing Queenslanders is growing. Sadly, this means that the incidence of dementia is also on the rise.

It's estimated that around 94,000 people in Queensland currently live with dementia, and this number is predicted to rise to 207,000 by 2058.

This means that our in-home care and dementia respite services will be more important than ever in the future.

At BlueCare, we're here to support people with dementia and their

carers to live the best possible quality of life, by providing care and support that is tailored to each individual's needs. The support of gifts in Wills enables us to continue pioneering our approach to dementia care, improving the lives and experiences of the Queensland families we serve.

Your gift in Will will help continue life-changing dementia care programs such as:

In-home and respite care services that supports families and enables Queenslanders with dementia to live well and safely in their own home.

Memory support and Montessouri environments in our facilities, which includes a range of evidence-based activities that reduce anxiety and promote independence and self-worth.

A Memory Support Advisory Group to identify innovative practice, participate in research and enable us to stay at the forefront of dementia care.

A free Grief, Loss and Dementia program which provides information, practical advice and peer support groups for families and carers of Queenslanders with dementia.



# Your Will is crucial to ensuring your estate is distributed to the people and organisations you care about the most

It's a good idea to revise your Will every time your life circumstances change (for example, you buy a house or get married), to ensure your Will reflects your current circumstances.

If you're considering leaving a gift in your Will to BlueCare, it's important to think about what type of gift and impact you want to make. The main types of gifts are:

A specific gift: a fixed sum of money, or items such as shares, property or superannuation.

A percentage of your estate: This can be any percentage of your estate up to 100%

The residue of your estate: the whole, or a portion of what is left in your estate after all other gifts, taxes and costs have been paid or fulfilled.

# **Be prepared**

Creating a Will is easy – but it pays to be organised. Here, we've provided a checklist you can use when preparing your new Will.

- Speak with your friends and family about your intentions to ensure your wishes are carried out.
- Choose what type of gift to leave (options are on the opposite page).
- Choose your executor to appoint your Will. This could be friends, relatives, your solicitor or bank.
- Enlist professional guidance such as a solicitor or Public Trustee.

- Write your Will be sure to use recommended wording provided if you choose to leave a gift in your Will to BlueCare. You must also sign and date every page. Your signature must be witnessed by two people who are not beneficiaries in your Will.
- Store your Will in a safe place such as a Safe Custody envelope at your bank, at your solicitor or with relatives.

#### **Recommended wording**

I give [specify the type of gift e.g. whole of estate, percentage of estate, rest and residue of estate, specific dollar amount, specific asset] to UnitingCare Qld Limited (ACN 675 001 493) (or its successor) for its general purposes. It is my wish that the gift be used to benefit BlueCare. I declare the receipt of an authorised officer of UnitingCare Qld Limited (ACN 675 001 493) (or its successor) will be a complete discharge for my executor who is not required to see to the application of the gift.



# Can BlueCare help me write my Will?

BlueCare is not able to assist you in writing your Will. We recommend you consult with a solicitor or the Public Trustee in your state that offers Will writing services.

## I don't have much money to leave...will it make a difference?

You don't have to be wealthy to remember a charity in your Will. You just have to make a simple decision. Whoever you are, whatever your situation, even a small portion (or percentage) of what is left of your estate can make a significant impact to the lives of elderly Queenslanders and those living with dementia.

#### Can I specify how my gift is used?

Gifts in Wills provide BlueCare with the vital funds to plan long-term projects that enable us to better support ageing Queenslanders. Leaving a gift in your Will to a specific type of work might mean that we cannot fulfil your wishes if we are no longer doing that specific work at the time the gift is realised. We recommend you keep your gift for general purposes, to enable BlueCare to use it where the need is greatest at the time.

# I've already made a Will - how do I change it?

If you need to make changes to your current Will, a solicitor

can help you make a Codicil. It's important to consult a solicitor when changing your Will, to ensure the original Will is not affected. Never amend your Will by crossing out information.

# Can I leave assets like property or shares to BlueCare?

Blue Care welcomes gifts such as shares or property, provided that we have permission to sell these assets to use the funds for our purposes.

# Do I need to let you know I've included BlueCare in my Will?

Of course, it's entirely up to you whether you let us know about

your gift in Will. If you do, we'd love to show our gratitude to you, and keep you connected to the impact your gift will have on ageing Queenslanders in future generations.

# Who should I tell about my decision to leave a gift in Will to BlueCare?

We strongly recommend that you advise your loved ones of your decision to leave a gift in your Will to BlueCare. This will ensure your wishes are carried out.

# You will be remembered for helping BlueCare go beyond for ageing Queenslanders.

For more information contact the Gifts in Wills Team on 1800 001 953 or email plannedgiving@ucareqld.com.au



